

MARIN HEALTHCARE DISTRICT

100-B Drakes Landing Road, Suite 250, Greenbrae, CA 94904
Website: www.marinhealthcare.org

Telephone: 415-464-2090

Fax: 415-464-2094

Email: info@marinhealthcare.org

Board of Directors Special Study Session of the Full Board and Lease and Building Committee Wednesday, February 27, 2019 @ 5:30 pm

MINUTES

1. Call to Order

Committee Chair Ann Sparkman called the meeting to order at 5:35 p.m.

2. Roll Call / Approval of Agenda / Approval of Minutes

Committee Members Present: Ann Sparkman, Chair; Larry Bedard, MD

Board Members Present: Hank Simmonds, MD

Board Members Absent: Jennifer Rienks; Brian Su, MD

Staff Members Present: Jon Friedenbergh, COO; Louis Weiner, Executive Assistant

Guest Present: Jei Africa, PsyD

It was moved, seconded and carried to approve the agenda as presented.

It was moved, seconded and carried to approve the minutes of the Lease and Building Committee meeting of January 30, 2019.

3. Public Comment

There was no public present and thus no public comment.

4. MHD Community Health Seminar: "Suicide Prevention and Supports" March 26, 2019

Chair Sparkman welcomed Dr. Jei Africa, Director of Marin County Behavioral Health and Recovery Services (BHRS), who will be presenter at the seminar. The seminar will be an overview of suicide prevention and support resources in Marin. He gave an outline of the presentation and names of supporting presenters from BHRS and Buckelew Programs, and will include a PowerPoint slide show. He is also seeking a speaker from the general public personally connected with suicide who is willing to share their experience.

5. Planning 2019 Community Health Seminars

Chair Sparkman suggested the next seminar address Women's Health. It was generally agreed upon, and will be discussed further at the next meeting of this Committee.

Dr. Bedard suggested Climate Change and Health Care, noting this would be a social policy issue rather than a specific health issue.

Other Mental Health issues were suggested, including PTSD, Depression, and Stress.

6. Adjournment

Chair Sparkman adjourned the meeting at 6:05 p.m.